



A Turkish Cookbook

Arto der Haroutunian

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All Arto der Haroutunian's twelve cookbooks written in the 1980s became classics; it was his belief that the rich culinary tradition of the Middle East is the main source of many of our Western cuisines and his books were intended as an introduction to that tradition.

A Turkish Cookbook is regarded as the seminal work on the subject but has been out of print for over twenty five years. It is a lovingly written recipe book packed with traditional stories, poems and sayings. Turkey is fast becoming one of the most popular tourist destinations, and while famous for its scenic beauty and ancient sites, it undoubtedly owes much of its new found popularity to the quality and character of its food.

With his inimitable talent for combining fascinating anecdotes with mouthwatering recipes, Arto der Haroutunian brings to life the ancient culinary traditions of this huge and varied country. You can recreate the wonderful fish and seafood dishes, the exotic oriental pastries, experiment with different types of kebabs or prepare a selection of meze.

At once a practical cookbook and a fascinating read, A Turkish Cookbook is a splendid introduction to one of the world's great cuisines.

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