



# Post-Polio Syndrome: A Guide for Polio Survivors and Their Families

*Dr. Julie K. Silver M.D.*

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**Post-Polio Syndrome: A Guide for Polio Survivors and Their Families** Dr. Julie K. Silver M.D.

A guide for polio survivors, their families and their health-care providers. It offers advice on all aspects of post-polio syndrome. Based on her extensive experience treating post-polio patients, Dr Silver discusses issues of crucial importance, including how to find the best medical care, deal with symptoms, sustain mobility, manage pain, approach insurance issues, and arrange a safe living environment.

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