



And Thou Shalt Honor: The Caregiver's Companion

Beth Witrogen McLeod, Rosalynn Carter

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In the groundbreaking PBS special *And Thou Shalt Honor*, producers Harry Wiland and Dale Bell bring to light the challenges facing today's caregivers. This companion volume picks up where the show leaves off, providing the kind of information and practical support essential for anyone in a caregiving situation.

More than 54 million American families are involved in the care of loved ones who are elderly or ill. And millions more will be affected in the years to come. If you're a caregiver, or you expect to become one, *And Thou Shalt Honor: The Caregiver's Companion* offers help and hope.

Page after page of useful advice draws on the expertise of the nation's top caregiving researchers and advocates, as well as the real-world wisdom of caregivers just like you. You'll find insights and answers on all aspects of providing care, including:

- Reaching out to a loved one in need of help
- Managing day-to-day caregiving tasks
- Accessing public and private caregiving resources
- Navigating the legal and financial maze
- Assembling a caregiving support network
- Understanding the changing family dynamic
- Surviving and thriving in the caregiver role

Complete with action plans and checklists for key caregiving issues, plus a comprehensive directory of essential caregiving resources, *And Thou Shalt Honor: The Caregiver's Companion* reaches out to all caregivers--and to those they love. Make it your companion for the caregiving journey.

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This And Thou Shalt Honor: The Caregiver's Companion book is just not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is definitely information inside this publication incredible fresh, you will get data which is getting deeper anyone read a lot of information you will get. This And Thou Shalt Honor: The Caregiver's Companion without we know teach the one who looking at it become critical in thinking and analyzing. Don't become worry And Thou Shalt Honor: The Caregiver's Companion can bring any time you are and not make your bag space or bookshelves' grow to be full because you can have it with your lovely laptop even phone. This And Thou Shalt Honor: The Caregiver's Companion having good arrangement in word and layout, so you will not feel uninterested in reading.

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