



# Soap Opera Cafe: The Skinny on Food from a Daytime Star

*Robin Mattson*

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## **Soap Opera Cafe: The Skinny on Food from a Daytime Star** Robin Mattson

Robin Mattson, star of the highly rated daytime drama All My Children, has created collection of 150 recipes for delicious, low-fat cuisine that's sure to please the health conscious consumer as well as the soap fans. The recipes are accompanied by lively anecdotes and photos from Mattson's life as a daytime star.

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