



# Freud for Beginners

*Richard Appignanesi, Oscar Zarate*

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**Freud for Beginners** Richard Appignanesi, Oscar Zarate

The Beginner Books -- "Their cartoon format and irreverent wit make difficult ideas accessible and entertaining." -- Newsday

Everything you need to know about neurosis, libido, ego, and id -- but somehow it slipped your mind.

Freud for Beginners is a perfect introduction to the life and thought of the man whose discovery of psychoanalysis revolutionized our attitudes towards mental illness, religion, sex, and culture. This documentary cartoon book plunges us into the world of late-nineteenth-century Vienna in which Freud grew up. We explore his early background in science, his work as a therapist, his encounter with cocaine, and his theories on the unconscious, dreams, the Oedipus Complex, and sexuality.

We meet his family, his friend and enemies, and his patients -- The Rat Man, Anna O., Little Hans -- and we get an insider's view as the psychoanalytic movement is launched. The zany art and probing text do an extraordinary job of simplifying Freud without trivializing him.

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