



# Basics of Acupuncture

*Gabriel Stux, Brian Berman, Bruce Pomeranz*

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## **Basics of Acupuncture** Gabriel Stux, Brian Berman, Bruce Pomeranz

Basics of Acupuncture shows that it is possible to combine Western medicine with traditional Chinese concepts. A short introduction on the theory of traditional Chinese medicine is followed by a detailed account of diagnosis. The main part focuses on the description of the Chinese systems of channels, functional organs and the most important acupuncture points. The remainder of the book is devoted to treatment, based on western modes of diagnosis. The methods and applications of needling and moxibustion are described, and the most important points are given for frequently encountered diseases.

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