



# The Mother Dance

*Harriet Lerner*

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Harriet Lerner

## The Mother Dance Harriet Lerner

From the celebrated author of *The Dance of Anger* comes an extraordinary book about mothering and how it transforms us -- and all our relationships -- inside and out. Written from her dual perspective as a psychologist and a mother, Lerner brings us deeply personal tales that run the gamut from the hilarious to the heart-wrenching. From birth or adoption to the empty nest, *The Mother Dance* teaches the basic lessons of motherhood: that we are not in control of what happens to our children, that most of what we worry about doesn't happen, and that our children will love us with all our imperfections if we can do the same for them. Here is a gloriously witty and moving book about what it means to dance the mother dance.

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