



Preggatinis(TM): Mixology For The Mom-To-Be

Natalie Bovis Nelsen

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Things move quickly in the cocktail fast lane?but slow to a crawl when pregnancy kicks in. Right? Wrong! Even when sporting a “baby bump,” modern moms can stay in the social swing of things with *Preggatinis*, featuring lip-smacking, liquorless libations designed by master mixologist Natalie Bovis-Nelsen, aka “The Liquid Muse.”

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Within these pages are 75 original Preggatinini recipes highlighting fresh juices, herbs, and garnishes as well as ideas for Preggatinini Parties?a modern spin on the humdrum baby shower. Organized by pregnancy stages and symptoms, this lavishly illustrated, pocket-sized, virtually intoxicating guide also offers quotes from famous moms and sidebars about pregnancy and health and such options as “De-virginize for Dad”?making these drinks applicable to all.

Includes a recipe exclusively provided by Celebrity Chef Michel Richard, recipient of the 2007 Outstanding Chef James Beard award, author of Happy in the Kitchen, and owner of the legendary Citronelle restaurant in Washington, DC.

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