



Life Preservers: Staying Afloat in Love and Life

Harriet Lerner

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Life Preservers: Staying Afloat in Love and Life Harriet Lerner

With wit, wisdom and uncommon sense, Dr. Harriet Lerner gives readers the tools to solve problems and create joy, meaning and integrity in their relationships. Women will find *Life Preservers* (more than 40,000 copies sold in hardcover) to be an invaluable motivational guide that covers the landscape of work and creativity, anger and intimacy, friendship and marriage, children and parents, loss and betrayal, sexuality and health and much more.

With new insights and a results-oriented approach, Dr. Lerner answers women's most frequently asked questions and offers the best advice for problems women face today:

I always pick the wrong guys.
Should I move in with him?
I can't stand my boss.
Should I leave my marriage?
How can I recover from his affair?
Is my fantasy abnormal?
Is my therapy working?
I miss my mother.
I can't believe I was fired.

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Linda Banks:

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Dominick Tran:

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Barbara Jackson:

Reading can called brain hangout, why? Because while you are reading a book especially book entitled Life Preservers: Staying Afloat in Love and Life your thoughts will drift away trough every dimension, wandering in every single aspect that maybe not known for but surely can be your mind friends. Imaging every single word written in a e-book then become one contact form conclusion and explanation which maybe you never get just before. The Life Preservers: Staying Afloat in Love and Life giving you one more experience more than blown away your brain but also giving you useful data for your better life on this era. So now let us present to you the relaxing pattern the following is your body and mind will likely be pleased when you are finished reading it, like winning an activity. Do you want to try this extraordinary spending spare time activity?

Theodore Dubose:

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