



Leaning into Love: A Spiritual Journey through Grief

Elaine Mansfield

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"Magnificent, profoundly moving . . . gives encouragement and solace to all." —Naomi Shihab Nye

"I'll find a way to be all right," Elaine promised Vic, her dying husband and best friend of 42 years. Leaving the hospital after he passed, she had no idea how. Her uplifting story of love, hope, determination, and triumph is a gift to the half million women who lose spouses each year.

Leaning into Love captures the heart--from the extraordinary closeness of Elaine's marriage to how she and Vic transform their struggle with cancer and despair into a conscious relationship with mortality. After Vic's death, Elaine leans into her ongoing love as grief leads her through overwhelming emotional and spiritual depths on a journey beyond their time together into her new life.

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