



# Grow Rich While You Sleep

*Ben Sweetland*

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## **Grow Rich While You Sleep** Ben Sweetland

Discover why 95% of all human problems stem from a negative mind - traits such as timidity, domestic discord, business failure, bad memory, tenseness, unhappiness, worry, etc. This book shows how to use the deepest thinking part of you - while you sleep! Get whatever you want out of life . . . money, personal influence, love, respect and admiration.

You will discover:

- 6 exercises that develop your latent creative powers into a mental powerhouse
- 5 ways to make your Creative Mind work for you
- a formula for building a success consciousness that will lead you to success in any direction
- how to develop your powers of concentration
- how to accentuate the positive ... and gain a magnetic personality
- how to go on a mental diet ... to gain radiant mental and physical health and feel younger than your years, even at 70!

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