



# Behavioral Coaching

*Suzanne Skiffington, Perry Zeus*

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**Behavioral Coaching** Suzanne Skiffington, Perry Zeus

The first published book to detail a model of behavioural coaching and how to apply it.

*Behavioral Coaching* is a universal and scientific model, resulting in validated, measurable, sustained learning and change in individuals and organisations.

Both of the authors are leaders in their fields. Their books sell well internationally and they have an established reputation as coaching authorities.

This book follows on from the first two books; *The Complete Guide to Coaching at Work* was a general introduction to definitions and applications of coaching.

*Behavioral Coaching* provides a model of practice for the coaching applications in *The Complete Guide to Coaching at Work* and the tools and techniques described in *The Coaching at Work Toolkit*. This book presents a coherent definition and model of behavioural coaching based upon scientific, validated behavioural principles.

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