



Last Comforts: Notes from the Forefront of Late Life Care

Ellen Rand

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Too often, end-of-life care in the U.S. is fragmented, uncoordinated, costly, and unsustainable. But it doesn't have to be that way. *Last Comforts: Notes from the Forefront of Late-Life Care* spotlights many innovations that can make a significant difference as we approach the last chapters of our lives.

"A deeply insightful book that addresses the complex issue of helping individuals who need end-of-life care. Last Comforts presents real life situations and, most importantly, offers solutions, support, and resources." -- Steve Saling, resident, Leonard Florence Center for Living, Chelsea, Massachusetts

"Journalist Ellen Rand embedded herself in the front lines of end-of-life care and became a participant in the quest to transform dying. To anyone perplexed by why so many Americans die badly when so many enlightened alternatives exist, Last Comforts provides answers and points the way to tangible solutions. Rand's investigative skills and wordcraft result in a must read book, not only for healthcare and policy wonks, but more importantly, for any adult child bearing the weight of parent care. Authoritative and highly readable, Last Comforts is at once sobering and hopeful." "This book should be on the desk of every health care and human service executive, every medical educator, and every legislator across this country." --Ira Byock, MD, Founder and Chief Medical Officer, Providence Institute for Human Caring; author of *Dying Well and The Best Care Possible*

"Determining what has given meaning to one's life is often a topic of reflection by those approaching the end of their lives. Ellen Rand's personal experiences illustrate how serving others receiving late life care can teach all of us how to live more fully. In this book, baby boomers get to preview what lies ahead in their life journey." --Greg Schneider, Founder, Hospice Volunteer Association, and CEO, Hospice Educators Affirming Life (HEAL)

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From reader reviews:

Phyllis Baudoin:

The reason? Because this Last Comforts: Notes from the Forefront of Late Life Care is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will jolt you with the secret that inside. Reading this book alongside it was fantastic author who write the book in such incredible way makes the content on the inside easier to understand, entertaining way but still convey the meaning totally. So , it is good for you because of not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of gains than the other book get such as help improving your ability and your critical thinking means. So , still want to hold off having that book? If I were being you I will go to the reserve store hurriedly.

Carlos Quirk:

Last Comforts: Notes from the Forefront of Late Life Care can be one of your beginning books that are good idea. Many of us recommend that straight away because this publication has good vocabulary that can increase your knowledge in vocab, easy to understand, bit entertaining but nonetheless delivering the information. The article author giving his/her effort that will put every word into enjoyment arrangement in writing Last Comforts: Notes from the Forefront of Late Life Care yet doesn't forget the main position, giving the reader the hottest in addition to based confirm resource details that maybe you can be certainly one of it. This great information can easily drawn you into fresh stage of crucial thinking.

Nicholas Sheen:

Is it you actually who having spare time subsequently spend it whole day by simply watching television programs or just telling lies on the bed? Do you need something totally new? This Last Comforts: Notes from the Forefront of Late Life Care can be the response, oh how comes? It's a book you know. You are consequently out of date, spending your time by reading in this completely new era is common not a geek activity. So what these textbooks have than the others?

Mandy Jackson:

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