



# Unruly: The Highs and Lows of Becoming a Man

*Ja Rule*

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## Unruly: The Highs and Lows of Becoming a Man Ja Rule

Ja Rule, actor, singer, songwriter, and one of the most multi-dimensional rap artists of his time, tells his compelling story—from his youth to his rise to international fame to his transformative two years in Federal prison—and reveals the man beneath the legend.

*Unruly* is two stories that offer one complete picture of a man and his world: the angry, fatherless rapper, Ja Rule who was “raised by the streets”; and Jeffrey Atkins, the insightful, reflective father and loyal husband who learned the hard way how to be a good man.

Filled with never-before-revealed anecdotes and sixteen pages of black-and-white photos, *Unruly* shows the determination that it takes to become a man in today’s society. Ja Rule considers the lack of role models for many young black men today—a void that leads to bad choices and the wrong paths. Recalling his youth, he illuminates the seductive pull of the streets and the drug dealers who were his earliest role models.

Jeffrey Atkins offers practical wisdom—reflection, growth and hope learned first-hand as an inmate, father, husband, and community role model. He speaks fondly of men who inspired *Unruly*—the inmates he met in prison whose misguided ideas of masculinity landed them behind bars—and Louis Farrakhan who mediated the televised encounter with Ja Rule’s adversary, 50 Cent.

*Unruly* is a compelling, personal look at the duality and conflicts that arise in the African-American male psyche from a man who has enjoyed breathtaking fame and suffered heartbreaking misfortune.

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