



Examination of Musculoskeletal Injuries, 4E (ATHLETIC TRAINING EDUCATION SERIES)

Sandra Shultz, Peggy Houglum, David Perrin

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Examination of Musculoskeletal Injuries, 4E (ATHLETIC TRAINING EDUCATION SERIES) Sandra Shultz, Peggy Houglum, David Perrin

Examination of Musculoskeletal Injuries, Fourth Edition (Enhanced Version), guides current and future athletic trainers and rehabilitation professionals through the examination and evaluation of musculoskeletal injuries both on and off the field. This enhanced e-book with integrated video presents injury examination strategies in on-site, acute, and clinical settings and provides the information on mastering the skills needed for the Board of Certification examination for athletic trainers as determined by the sixth edition of Athletic Training Role Delineation Study/Practice Analysis for entry-level athletic trainers.

This updated fourth edition contains foundational information on a wide spectrum of injuries and the appropriate tests for examining and diagnosing them. Users will learn to obtain an accurate injury history from the patient, inspect the injury and related areas, test motion control, palpate both bone and soft tissues, and examine function in order to gauge the player's readiness to return to play. The fourth edition also includes the following enhancements:

- Substantial updates provide the most recent evidence-based clinical information.
- Full-color photos and medical artwork have been added throughout the enhanced e-book to clarify testing techniques and enhance knowledge of relevant body structures.
- An expanded selection of special tests and injury-specific examinations include descriptions of purpose, patient and clinician positions for the test, procedures performed, possible outcomes, and are accompanied by a photo or integrated video.

The content of Examination of Musculoskeletal Injuries, Fourth Edition (Enhanced Version), has been restructured and focused to provide applicable information in a straightforward manner. Part I is aimed at entry-level students and presents general and introductory skills for each component of injury examination, including basic terminology and a breakdown of the examination procedure. Each component is then explored in depth along with general purposes and techniques. Part I ends by incorporating the various components into a systematic strategy for examination based on severity of injury and environment. Part II then applies the principles learned in the previous chapters to the recognition and examination of injuries organized by specific regions of the body. Each chapter includes strategies for examination immediately after an injury as well as examinations seen later in a clinical setting.

To assist comprehension and knowledge retention, key terms are in boldface throughout the enhanced e-book and are defined in the glossary. Symbols throughout the enhanced e-book alert students to essential procedures and highlight important information.

Examination of Musculoskeletal Injuries, Fourth Edition (Enhanced Version), is an essential resource for students of athletic training and therapy as well as current practitioners in the field who wish to use evidence-based procedures in their clinical practice to ensure safe and accurate diagnoses of injuries.

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