



A 12-Step Approach to the Sunday Readings

Jim Harbaugh S.J.

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Building upon his best-selling *A 12-Step Approach to the Spiritual Exercises of St. Ignatius*, Father Harbaugh now applies his extensive recovery wisdom to crafting insightful meditations based upon the weekend scriptural readings of the Common Lectionary.

Readers familiar with the 12-Steps can now more effectively employ the readings they encounter at Sunday worship to consciously connect with their higher power. People of prayer that may not be familiar with the 12-Steps will surely benefit by this fresh and enlightening perspective.

The 12-Step flavor is distinctly down-to-earth and remarkably makes accessible biblical history and theological concepts that often seem ethereal. Harbaugh's sense of humor enlivens even the most abstruse passage.

A 12-Step Approach to the Sunday Readings will be welcomed by people who have been working any of several 12-Step programs and are interested in continuing and broadening their growth. It will also appeal to persons interested in the Spiritual Exercises or who make weekend retreats, and RCIA program directors who are looking for a fresh slant on spirituality.

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