



Treating Depression

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Choosing the most appropriate treatment

A Volume in the Jossey-Bass Library of Current Clinical Technique

This key resource offers guidelines and specific models for intervention in the treatment of numerous types and subtypes of depression. Will assist you in deciding if it is appropriate to prescribe medication, if psychotherapy is the proper course of action, or if it is best to use a combination of medication and psychotherapy.

This book is a superlative overview of the key treatment interventions available today to relieve the suffering of depression.

?John P. Docherty, M.D., professor of clinical psychology and director of clinical services, Cornell University School of Medicine

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