



## **Talar Osteochondral Defects: Diagnosis, Planning, Treatment, and Rehabilitation**

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# Talar Osteochondral Defects: Diagnosis, Planning, Treatment, and Rehabilitation

## Talar Osteochondral Defects: Diagnosis, Planning, Treatment, and Rehabilitation

This book addresses hot topics relating to talar osteochondritis dissecans: improvements in the accuracy of diagnosis, sound preoperative planning, optimal treatment and procedure-specific rehabilitation protocols. The technical difficulties in each of these areas are identified and evidence-based guidelines are presented. With regard to diagnosis, several chapters discuss the roles of arthroscopy, standard radiography, computed tomography, magnetic resonance imaging and combined imaging modalities (PET/CT and SPECT/CT). The chapters on treatment cover various surgical options and provide an overview of the direct postoperative treatment; in addition, rehabilitation protocols are described for all the treatment procedures. The authors are leading experts in the field of foot and ankle surgery who have aimed to provide the reader with an up-to-date handbook ideal for use in clinical practice. Their reviews and opinions are based firmly on the best currently available evidence.

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